

Avoid the wrong door.

Know your care options before you go!



	Doctor's Office	Urgent Care Clinic	Emergency Room	Virtual Urgent Care
Conditions cared for	<ul style="list-style-type: none"> Preventive care Routine check-ups Vaccines, referrals, and screenings General health issues or concerns 	<ul style="list-style-type: none"> Cold & flu Ear Infection Minor sprains Bronchitis STD care Strep throat Head lice Mono 	<ul style="list-style-type: none"> Life-threatening emergencies Sudden numbness Uncontrolled bleeding Seizure or loss of consciousness Severe cuts or burns Shortness of breath Chest pain Loss of vision Head injury 	<ul style="list-style-type: none"> ✓ Cold, flu & COVID-19 ✓ Allergies ✓ Acne & eczema ✓ UTI & yeast infection ✓ Skin rash & bug bites ✓ Minor cuts & burns ✓ Sinus issues ✓ Cough & sore throat ✓ Pink eye ✓ Prescriptions* ✓ And more
Time	<ul style="list-style-type: none"> 31 days on average for an appointment Limited hours and availability Average wait time: 15-30 mins² 	<ul style="list-style-type: none"> No appointment needed Average wait time: 15-60 mins Scheduled hours for care 	<ul style="list-style-type: none"> Average wait time: 2.5 hours¹ No appointment needed Usually open 24/7 	<ul style="list-style-type: none"> ✓ Get care in minutes (5 on average) ✓ 24/7 care including holidays and weekends ✓ No commute or time off of work
Cost	<ul style="list-style-type: none"> \$75-\$200³ 	<ul style="list-style-type: none"> \$100-\$200¹ 	<ul style="list-style-type: none"> \$1,200-\$1,300¹ 	<ul style="list-style-type: none"> ✓ Low to no cost
Exposure	<ul style="list-style-type: none"> Low Waiting room with a few people 	<ul style="list-style-type: none"> Moderate Can be crowded Some sick patients 	<ul style="list-style-type: none"> High Usually very crowded Sick patients 	<ul style="list-style-type: none"> ✓ None ✓ Visits via phone or video



Scan to get care!

Skip the waiting room and connect with a provider from anywhere in minutes with First Stop Health.

 firststophealth.com | (888) 691-7867

First Stop Health services are not intended to constitute a health plan. *Providers at First Stop Health do not prescribe controlled substances. Costs according to your medical plan may apply for prescriptions.

(1) reverehealth.com/live-better/10-stats-to-know-about-urgent-care/
(2) www.partnermd.com/blog/why-do-you-wait-so-long-at-doctors-offices
(3) advancedstudy.org/how-much-does-a-doctor-visit-cost-in-the-us/