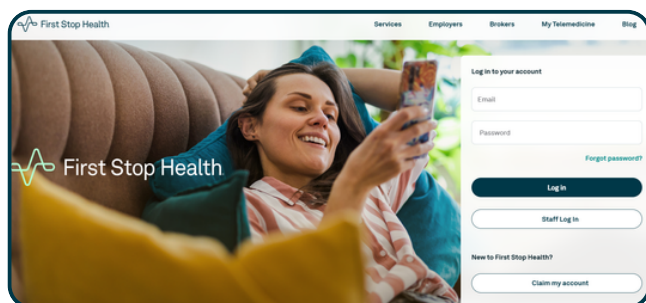


GUIDED WALKTHROUGH

Schedule a mental healthcare visit



Scan to log in

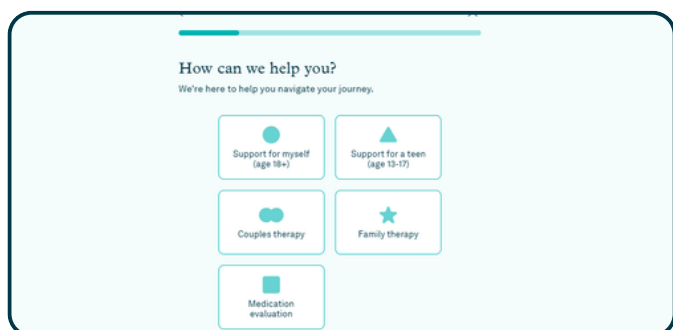
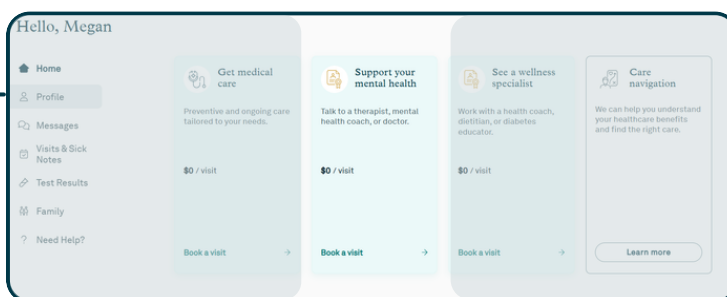


STEP 1

Log in to your First Stop Health account on our mobile app or by visiting firststophealth.com.

STEP 2

Select 'Support your mental health' to start scheduling your visit.



STEP 3

Complete our questionnaire.

STEP 4

Finally, select a date and time that works best for you with a provider you'd like to see.

