

# Care from where you're comfortable

Avoiding using your days off to see a doctor? Try First Stop Health Virtual Primary Care for scheduled visits that work best for your scheduling — including nights and weekends.

## Reasons to use virtual primary care

- Fatigue and sleep issues
- High blood pressure and high cholesterol
- Mental health diagnosis and treatment
- Muscle and joint pain (back, shoulders, hands, etc)
- Prescription management
- Skin conditions like rashes or irritation
- Diabetes management
- And more



### Scan for virtual care.

Schedule your visit to talk with a primary care doctor from wherever you are!

