



We're ready when
you are!

Too busy? Tired of waiting rooms? We get it.

When you're not feeling well, getting care should be easy. First Stop Health connects you with a doctor by phone or video. No waiting rooms, no hassle. It's fast, convenient, and helps you feel better, faster.

Real reasons, real solutions

"I don't have time."

Virtual care fits into your day—before work, after hours, even on your break. Skip the waiting room and get care when it works for you.

"I don't want to talk about it."

First Stop Health visits are confidential and don't go on your medical record.

"I feel fine."

Pushing through pain or illness might seem tough, but real strength is taking care of yourself.

"I don't know where to start."

Simply download the app or visit firststophealth.com to connect with a doctor. It's that easy!



Heal faster and get back to life.
First Stop Health is here to help.