

Breast Cancer Awareness Month

Did you know that 1 in 8 women in the United States will be diagnosed with breast cancer? That's why it's important to take steps towards protecting your health today.

Your First Stop Health doctor can:

- ✓ **Assess your risk factors**, which include age, genetics, breast density, your personal and family health history, exposure to radiation, and more.
- ✓ **Order tests and screenings**. Your doctor can order a mammogram (imaging of the breast) at an in-network facility that is convenient for you.
- ✓ **Refer you to a breast specialist**. If you are at a higher risk of breast cancer, your doctor may refer you to an in-network breast specialist who can further evaluate your breast health.



Scan for care.

Schedule your visit to talk with a primary care doctor from wherever you are!

