

The best ways to use virtual primary care in 2026!



Start your year off right with First Stop Health Virtual Primary Care. Get quality care from the comfort of home with a personal doctor who can help with:



Mental health support,
including diagnoses and
prescriptions*

Support managing ongoing
conditions

Diagnoses and treatment
for new issues



Referrals to see specialists
in your area and insurance
network

Lab orders,* screening
recommendations and more

Visits that start on time
from wherever you are



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Looking for an easier way to get quality care? Download our app for care that's available whenever, wherever you are. Scan to get care!