

# Support for your health and wellbeing



## Convenient visits

Whether you're at home, work or on vacation, you can talk to a doctor via phone or video.



## Focus on your health

Your doctor can provide prescriptions, referrals & lab orders when appropriate.



## Care when you need it

Scheduled visits (including weekends) or 24/7 sick visits with urgent care.



## Mental Healthcare

Diagnosis, prescriptions\* and referrals for depression, anxiety and more.



Scan to get care.

## Ways to use this benefit!



### Urgent Care

- Cold & Flu
  - UTI
  - Sinus Issues
  - Cough
- Fever
  - Pink Eye
  - Skin Rash
  - And More



### Primary Care

- Wellness Visit
  - Lab Orders
  - Rx\* & Condition Management
  - Sick Visits
- Referrals
  - Screenings
  - Mental Healthcare
  - And More