

# Activate your account



firststophealth.com | 888-691-7867

# Getting started with virtual care.

Get convenient care for your body and mind — all via phone or video.



## **Urgent Care Issues**

Talk to a provider in minutes for sinus issues, UTI, cold, flu, skin rash and more. Available for all ages!



#### **Prevention & Wellness**

Check in on your current health and make a personalized plan to stay healthy and strong.



#### Mental Healthcare

Diagnosis and treatment, including prescriptions\* when appropriate, for depression, anxiety and more.



# **Health Management**

Support managing diabetes, high blood pressure, high cholesterol, COPD and more.



### Referrals, Tests and More

Providers can order labs, screenings and provide referrals to in-network specialists.\*

First Stop Health services are not intended to constitute a health plan. Those under 18 are welcome to use 24/7 virtual urgent care only.
\*Providers at First Stop Health do not prescribe controlled substances. Costs according to your medical plan may apply for prescriptions, lab orders and other non-FSH services.