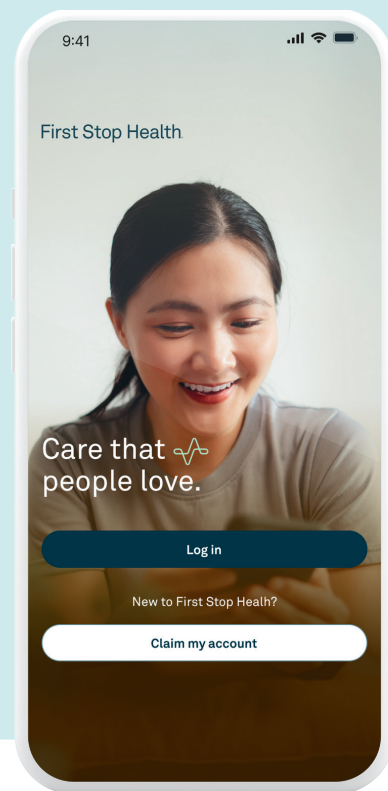


# Give your family access to mental health care!

When your family members need care, providers at First Stop Health are here! Here's how your dependents can access First Stop Health.



## Add your family

In order for dependents to access the service, primary members must add them to their profile.

1. Log in on the mobile app or at [firststophealth.com](https://firststophealth.com)
2. Select "Family" and click "Add Family"
3. Add your family member's information

*We recommend adding a personal email to make sure your family member can access information!*



## Find their account

Once added to the primary membership, family members over 18\* can request a visit on their own profile!

1. Go to [firststophealth.com](https://firststophealth.com) or download the mobile app
2. Select "Find My Account" and enter information
3. Enter a password
4. Your family member can now request a visit!

## Device tips:

On your tablet or phone, download the First Stop Health app in your app store. If you're on a desktop or web browser, use Google Chrome for the best experience.



## Download the app

Scan to get the app, go to [firststophealth.com](https://firststophealth.com) or call (888) 691-7867.