

Have you had your annual wellness visit?

Stay on top of your health with an annual wellness check! Virtual primary care doctors at First Stop Health are here to help with:

Prevention & Support

Let's take a deeper look at your health and make a personalized plan to keep you healthy and strong.

Screenings & Specialist Referrals

From lab orders to physical therapy referrals, we can help you find high-quality providers in your insurance network without leaving home.

Mental Health Support

How you feel makes a big difference on your everyday life. Talk with your doctor about how you can get mental health support from diagnosis to treatment.



Scan for care.

Schedule your visit to talk with a primary care doctor from wherever you are!

